

Glutafin Gluten Free Select Multipurpose Fibre Mix

• Pack Size: 500g

• PIP Code: 004-5591

• Unit Value: 2



Product Description

Our select multipurpose fibre mix is ideal for making fruit cakes, pastries and scones, and can be used in the oven or breadmaker.

Source of
Folic Acid

Source of
Calcium

High in
Fibre

Ingredients

Gluten free **Wheat** starch, rice starch, skimmed **milk** powder, sugar beet fibre, sugar, dried glucose syrup, thickeners: powdered cellulose, guar gum, hydroxypropyl methyl cellulose; calcium citrate, raising agents: glucono-delta-lactone, sodium bicarbonate; maize starch, folic acid.

Pack contains a sachet (10g) of dried yeast.

Nutritional Information

	Per 100g Dry Mix	Large Oven Loaf Per 100g
Energy	1454kJ/ 343kcal	944kJ/ 223kcal
Fat	0.5g	1.9g
of which saturates	0.2g	0.4g
Carbohydrate	76g	45g
of which sugars	10g	6.6g
Fibres	6.3g	4.7g
Protein	5.5g	4.2g
Salt	0.50g	1.1g
Calcium	400mg (50%RDA)	320mg (40%RDA)
Folic Acid	30mcg (15%RDA)	30mcg (15%RDA)