

# Glutafin gluten free food request form

Hand this quick and easy form into your GP or Pharmacist\* to help you start ordering.

I would like the following gluten free products to be added to my prescription.

Name

DOB       NHS No.

Address

Postcode

Email

Telephone  Signature

\* Take this form to your Pharmacist if you are in a Pharmacy Led Prescribing Scheme area.

	Gluten free	Wheat free	Lactose free	Unit Guide	PIP Code	Quantity
<b>Breads – Fresh</b>						
Glutafin Gluten Free Select Fresh White Loaf – sliced (400g) <sup>†</sup>	✓	✓	✓	8	290-6840	
Glutafin Gluten Free Select Fresh Brown Loaf – sliced (400g) <sup>†</sup>	✓	✓	✓	8	330-6800	
Glutafin Gluten Free Select Fresh Seeded Loaf – sliced (400g) <sup>†</sup>	✓	✓	✓	8	402-3685	
<b>Breads – Longer-Life</b>						
Glutafin Gluten Free Select White Loaf – sliced (400g)	✓	✓	✓	1	054-6093	
Glutafin Gluten Free Select Fibre Loaf – sliced (400g)	✓	✓	✓	1	054-6101	
Glutafin Gluten Free Select Seeded Loaf – sliced (400g)	✓	✓	✓	1	308-9364	
Glutafin Gluten Free High Fibre Loaf – sliced (350g)	✓	✓	✓	1	401-4296	
Glutafin Gluten Free White Loaf – sliced (300g)	✓	✓	✓	1	090-4268	
Glutafin Gluten Free Fibre Loaf – sliced (300g)	✓	✓	✓	1	237-7356	
<b>Rolls – Longer-Life</b>						
Glutafin Gluten Free 4 White Rolls (200g)	✓	✓	✓	½	344-3645	
Glutafin Gluten Free Part-Baked 4 Fibre Rolls (200g)	✓	✓	✓	½	344-3652	
Glutafin Gluten Free Part-Baked 4 White Rolls (200g)	✓	✓	✓	½	344-2753	
Glutafin Gluten Free Part-Baked 2 Long White Rolls (150g)	✓	✓	✓	½	344-3637	
Glutafin Gluten Free Baguettes (350g)	✓	✓	✓	1	224-0117	

<sup>†</sup> Glutafin Fresh Bread is supplied in cases of 8 loaves – this uses 8 units of your monthly allowance.

	Gluten free	Wheat free	Lactose free	Unit Guide	PIP Code	Quantity
<b>Flour Mixes</b>						
Glutafin Gluten Free Select Multipurpose White Mix (500g)	✓	●		2	004-5187	
Glutafin Gluten Free Select Multipurpose Fibre Mix (500g)	✓	●		2	004-5591	
Glutafin Gluten Free Select Bread Mix (500g)	✓	●		2	274-4951	
Glutafin Gluten Free Select Fibre Bread Mix (500g)	✓	●		2	297-9912	
Glutafin Gluten Free Multipurpose White Mix (500g)	✓	✓		2	231-2981	
Glutafin Gluten Free Fibre Mix (500g)	✓	✓	✓	2	231-2973	
Glutafin Gluten Free Bread Mix (500g)	✓	✓		2	298-8418	
Glutafin Gluten Free Fibre Bread Mix (500g)	✓	✓	✓	2	298-8426	
<b>Pasta and Pizza Bases</b>						
Glutafin Gluten Free Pasta Spirals (Fusilli) (500g)	✓	✓	✓	2	211-5178	
Glutafin Gluten Free Pasta Fibre Fusilli (500g)	✓	✓	✓	2	386-2646	
Glutafin Gluten Free Pasta Penne (500g)	✓	✓	✓	2	211-5152	
Glutafin Gluten Free Pasta Shells (500g)	✓	✓	✓	2	250-0676	
Glutafin Gluten Free Pasta Long Cut Spaghetti (500g)	✓	✓	✓	2	211-5160	
Glutafin Gluten Free Pizza Base (300g)	✓	✓	✓	1	334-1112	
<b>Crackers</b>						
Glutafin Gluten Free Crackers (200g)	✓	✓	✓	1	009-3302	
Glutafin Gluten Free High Fibre Crackers (200g)	✓	✓	✓	1	018-7641	
Glutafin Gluten Free Crispbreads (150g)	✓	✓	✓	1	338-4443	
Glutafin Gluten Free Mini Crackers (175g)	✓	✓		1	353-5515	
<b>Cereal</b>						
Glutafin Gluten Free Cornflakes (375g)	✓	✓	✓	1½	381-3748	
Glutafin Gluten Free Fibre Flakes (300g)	✓	✓	✓	1½	401-4288	
<b>Biscuits</b>						
Glutafin Gluten Free Shortbread Biscuits (100g)	✓	✓		½	316-7848	
Glutafin Gluten Free Digestive Biscuits (150g)	✓	✓	✓	1	017-0225	
Glutafin Gluten Free Tea Biscuits (150g)	✓	✓	✓	1	018-5868	
					<b>Total</b>	

● This product includes gluten free wheat starch. This is a specially manufactured ingredient from which gluten has been removed to a trace level, considered safe for people with coeliac disease. Gluten free wheat starch is used to enhance the quality and texture of breads, cakes and pastries made using our flour mixes.

a. Please note, this is a full list of all Glutafin products, availability varies depending on your area's individual prescribing policy.